



TAADAS TIMES



TAADAS Recovery Banquet and Awards 2013

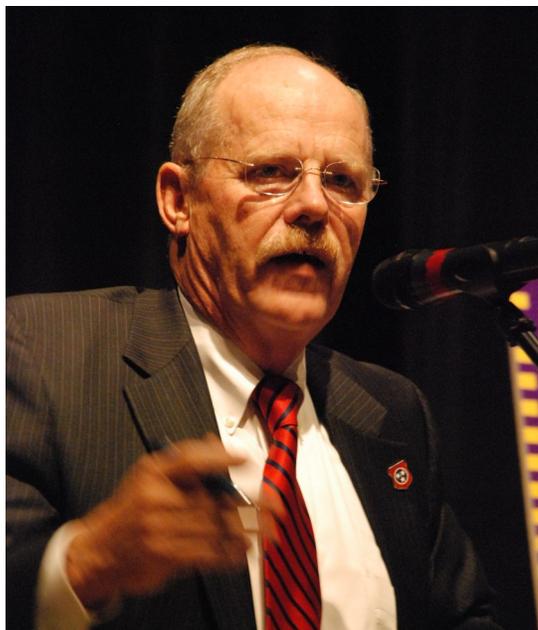
TAADAS celebrated Recovery Month for 2013 with its annual Banquet and Awards on September 19th at Trevecca Nazarene Community Church. The event was attended by such dignitaries as (left to right above) Bill Gupton, Assistant Commissioner TN Department of Corrections, Derrick Schofield, Commissioner TN Department of Corrections, Doug Varney, Commissioner TDMHSAS, Rod Bragg, Assistant Commissioner TDMHSAS, and John McAndrew, singer and songwriter who provided the evenings entertainment and recovery message.

TAADAS was especially pleased to recognize the support of Senator Rusty Crowe of Johnson City and Representative Gerald McCormick of Chattanooga this year. Both these Legislators were given our Voice of Recovery Award. Additional awardees are noted inside this edition.

Inside This Edition:

TAADAS Mission
"To educate, support and engage our members and public, influence policy and advocate for prevention, treatment and recovery services."

Recovery Month	1	TAADAS Calendar.....	12
Banquet and Award Photos.....	2-3	Journey Together	13
Message from Rod.....	4	Opioid Rules	14
Prevention Conference.....	5	TAADAS Programs.....	15
Groundbreaking	6	Problem Gambling.....	16
VA Summits.....	7	TAADAS Members	17
News from Capitol Hill.....	8	What is TAADAS?	18
9		Membership Application	19
Training calendar	10	Recovery Fest.....	20
COD Collaborative.....	11		



This year’s Recovery Month Banquet and Awards was attended by 190 people representing the 56 organizations, affiliates and individual members of TAADAS. TAADAS has grown significantly over the past year and a half due to increased outreach and collaboration with many community and state level partners.

TAADAS was pleased to have TDMHSAS Commissioner Doug Varney (pictured left) provide an report to describe state initiatives and accomplishments for the TAADAS Banquet and Award attendees. Commissioner Varney was very complimentary of the growth and efforts of TAADAS to provide leadership and advocacy on addiction issues.

John McAndrew, TAADAS member and singer/songwriter (pictured right) was a highlight of the evening as he performed several of his own compositions for the audience and described his recovery journey in both words and song.



TAADAS was also pleased to recognize the support given by the Legislature to Adolescent Residential Treatment Services. Senator Rusty Crowe and House Leader Gerald McCormick (pictured right) sponsored a budget amendment that restored \$2.36 million to support these services for families that have no other means to pay for them. TAADAS honored Sen. Crowe and Rep. McCormick by presenting them our 2013 Voice of Recovery Award and we appreciate that they were able to attend and meet many of our members.



TAADAS Annual Recovery Banquet and Awards 2013

Pictured left to right: Marie Williams, TDMHSAS Deputy Commissioner, Mary Linden Salter, TAADAS Executive Director, Charlotte Hoppers, race House Executive Director and TAADAS President and Rod Bragg, TDMHSAS Assistant Commissioner were all present to celebrate the accomplishments for the year and to congratulate the winners of this year's awards.



TAADAS Award Winners—Below, left to right **Debbie Hillin**, Buffalo Valley, Volunteer of the Year; **Paul Fuchcar**, CADAS, CEO of the Year **Jackie Scott**, Jack Jean Shelter, Lifetime Achievement





Tennessee Department of Mental Health & Substance Abuse Services —Division of Substance Abuse Services

- Rod Bragg, Assistant Commissioner

Prescription drug abuse is a pervasive, multi-dimensional issue that is impacting Tennessee individuals, families and communities and requires a coordinated and collaborative response. Of the 4,850,000 million adults in Tennessee it is estimated that 221,000 or 4.56% have used pain relievers in the past year for non-medical purposes. Of those adults, it is estimated that 69,100 are addicted to prescription opioids and require treatment for prescription opioid abuse. The other 151,900 are using prescription opioids in risky ways. The remaining adults in the population would benefit from broad-based prevention strategies that target the entire population.

The abuse of prescription drugs, specifically opioids, is an epidemic in Tennessee, with disastrous and severe consequences to Tennesseans of every age. Prescription drug abuse is resulting in increases in: overdose deaths; emergency department visits; hospital costs; newborns with Neonatal Abstinence Syndrome (drug dependent newborns); children in State custody; and persons incarcerated for drug related crimes.

Over the past ten years there has been a drastic shift in the primary substance of abuse for Tennesseans receiving publicly funded treatment services. For many years, alcohol was the primary substance of abuse. However, in 2012, prescription opioids surpassed alcohol as the primary substance of abuse.

According to 2010 data comparing persons in state funded treatment programs across the United States, Tennesseans were more than three times more likely to identify prescription opioids as their primary substance of abuse than the national average. There has been a rapid shift in how treatment services are being delivered. More detoxification is utilized.

As dreary as this data is, there is hope. With treatment and the support of 12 step programs, families are reunited. Stable housing and employment are increased. People do recover.

National Depression Screening Day is October 8th

The Tennessee Department of Mental Health and Developmental Disabilities would like for Tennesseans to be aware of National Depression Screening Day on Thursday, October 8, 2009. Screenings are free and open to the public. Participants can take an anonymous test to check for signs of depression or a related disorder, and resources will be available on how to seek affordable help.

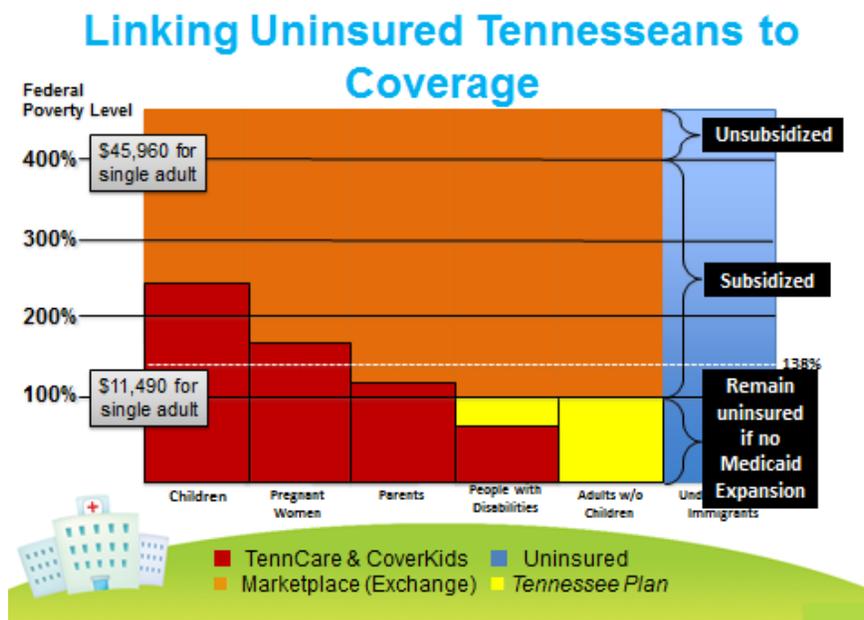
TDMHDD is sponsoring free depression screenings on Thursday, October 8th in Conference Rooms A and B in the Cordell Hull Building, 425 5th Avenue North, Nashville from 11 a.m. – 2 p.m. Appointments can be made by calling 1-800-560-5767 or 615-532-6700. Walk-ins are also welcome, and all screenings are confidential. Those persons interested in doing a free online screening can visit www.mentalhealthscreening.org.

To find a National Depression Screening Day event in your area, please visit www.mentalhealthscreening.org. For additional mental health and substance abuse information please contact the Tennessee Department of Mental Health and Developmental Disabilities' Office of Communications at (615) 253-4812 or visit www.tn.gov/mental.

ACA Implementation and SAMHSA Grant issues for Tennessee

By Mary Linden Salter, Executive Director of TAADAS

Implementation of the ACA originally assumed Medicaid expansion would be in place in every state. If Tennessee does not implement Medicaid expansion or Governor Haslam’s Tennessee Plan, an estimated **180,000 to 225,000 Tennesseans will be left without any potential for health care coverage in this new system.** This will include childless adults and parents of children who are on TennCare but do not qualify for coverage themselves. The charts below illustrate the gaps in coverage:



SAMHSA is currently gathering information from the states to make decisions concerning FY 2015 grant awards. Without an approved Medicaid or Tennessee plan expansion, Tennessee is in a unique situation and will continue to need SAMHSA Block Grant funds as a major source of support to serve the uninsured. Currently, using mostly SAMHSA block grant funds, Tennessee served 13,000 uninsured people in addiction treatment centers in FY 2012. It is estimated that 304,000 Tennessee adults “needed but did not receive treatment for alcohol use in the past year” and about 106,000 Tennessee adults “needed but did not receive treatment for illicit drug use in the past year” according to TN Department of Mental Health and Substance Abuse Service estimates.

Drug overdose deaths in Tennessee are increasing. The number of drug overdose deaths in Tennessee increased from 422*in 2001 to 1,059*in 2010. The number of drug overdose deaths in 2010 represents an increase of 250% over the 10 year time period. The economic cost of non-medical use of prescription drugs in Tennessee was estimated to be \$1.4 billion.** Addiction is a treatable disease that sees a return on every dollar invested in treatment with between \$4 to \$7 in reduced drug related crime, criminal justice costs and theft. When you add the additional savings to our healthcare costs, the investment of \$1 yields \$12 in overall savings.

* Includes all drug overdose deaths where the manner of death was listed as one of the following: accidental, undetermined, suicide (intentional), or homicide. According to Office of Policy, Planning and Assessment, Tennessee Department of Health – Death Certificates.

** Bureau of Business and Economic Research, West Virginia University.



Groundbreaking!!

The Next Door is excited to announce its new Community for Women has started construction! The Groundbreaking Ceremony to mark this important milestone was held on Sunday, September 29. The new location is pictured in the rendering to the left. It will be adjacent to an existing housing program. The Next Door provides a variety of services de-

signed to address the mental, physical and spiritual needs of women in substance-abuse crisis. Each woman receives on-going individual case management to support her recovery process and may have access to any of the services at the appropriate stage of treatment. The programs and services offered at The Next Door are designed to prepare women for living independent lives, becoming productive member of their communities and successfully reuniting with their families.

Currently, The Next Door has locations in Nashville, Knoxville and Chattanooga. The new facility in Nashville will allow a more integrated physical health and behavioral health service approach and allow space for new programs.



Right:
Linda Leathers, CEO of The Next Door and several of the agency's Board of Directors join Nashville Mayor Karl Dean in turning the ground as construction begins.

The VA Medical Center Host First Mental Health Summit

by Kyle Duvall, Director, Organizational Advancement, Welcome Home Ministries

The VA Medical Center's Third Annual Homelessness Summit and First Annual Mental Health Summit in Smyrna, Tennessee, was an excellent opportunity to enter into meaningful dialogue with VA officials and summit facilitators regarding the challenges agencies encounter in determining and responding to the needs of homeless veterans. Particularly helpful was the time spent in "breakout groups." These discussions focused on contributing factors to homelessness, such as mental health disorders and alcohol & drug addictions.

The good news is there is an commendable effort in progress through the Department of Veterans Affairs in partnership with HUD to provide housing options for homeless veterans, especially permanent supportive housing. However, the topic that dominated the afternoon "breakout session" in which I participated, centered around the concern that some veterans who were receiving recovery support services in transitional housing had not completed the addiction recovery program in which they were engaged, prior to being offered an option to move into permanent supportive housing. One agency raised the concern that a veteran had recently entered the agency's addiction recovery program in a sober living transitional housing community, but was offered an option to move into an apartment (permanent supportive housing) within approximately one week of entering the recovery support program. In a discussion regarding what was in the best interest of the client, this example certainly stood out as not being acceptable for the client, who needed a period of stabilization and recovery support. Furthermore, one week was not enough time for the agency to begin the process of helping this veteran find employment -- required for self-sustainability, or address his addiction needs. Additionally, it was pointed out during the discussion that the VA was doing an excellent job of providing "per diem" support for veterans in transitional housing who suffer from addictions and/or co occurring disorders. These previously homeless veterans were no longer on the streets, and receiving recovery support services in transitional housing. A point was made that while permanent housing is the most desirable end result for clients in terms of ultimate housing options, our clients suffer from addictions and need a more structured recovery focused living environment in transition, so they may truly become self-sustainable (and whole). It was suggested that once the client stabilizes, completes the addiction recovery program and demonstrates self-sustainability -- at this point -- the VA was encouraged to assist the client in acquiring permanent supportive housing.

We're not only providing housing for homeless veterans, we are providing addiction recovery support services for them in a sober living community to facilitate long term recovery and self-sustainability to reduce recidivism to homelessness." Consider: "Over the past 20 years the high cost of housing (especially in urban areas) was a major obstacle in creating stable living environments for persons in recovery worse. For instance, a frequent complaint by residential treatment providers is the lack of affordable housing for clients who leave their facilities. When clients are released from residential programs into economically deprived neighborhoods that do not actively support abstinence, the recovery they established in treatment may be lost. Outpatient providers face a similar dilemma. Even if clients are engaged in outpatient treatment, motivated for change, and making improvements, their progress may be mitigated if they reside in a destructive living environment that triggers relapse (Polcin, Galloway, Taylor & Benowitz-Fredericks, 2004 -- "Communal Living Settings for Adults Recovering from Substance Abuse"-- NIH Public Access Author Manuscript, Douglas Polcin, Ed.D. -- 2009).

Perhaps the most productive aspect of the Summit for me was that the VA provided an environment conducive for meaningful dialogue, which afforded Summit participants the opportunity to discuss pertinent issues, educate each other, network and plan how we may better serve veterans who have served our country to protect our most cherished freedoms. Let's continue the dialogue with our friends at the Department of Veterans Affairs, discuss the issues and challenges facing the recovery community with VA officials, and nurture partnerships with the VA to provide the quality of care that not only helps to end homelessness, but provides the necessary tools for veterans with addictions and/or co occurring disorders to help them sustain their sobriety, recovery and reduce recidivism to homelessness.



NEWS FROM CAPITOL HILL

October 4, 2013

Nathan H. Ridley, Esq.



Popular Culture: No one goes to career day with the life goal of becoming an alcoholic. Addiction treatment often reminds us of the John Lennon quote that life is what happens while you are busy making other plans. CBS Television has a new program entitled “Mom”. The protagonist is a single mom who has been sober for 118 days. The writer is Chuck Lorre. After one episode, the show has some promise. The protagonist wants to start over. She has no idea how to do so, but is still trying.

State Budget Process: Preparation, deliberation, and execution are all part of the continual process that leads to a state budget. Tennessee's budget process begins in August of each year when the Commissioner of Finance and Administration issues budget instructions to all departments and agencies of state government. Agency budget requests are submitted to Finance and Administration, usually by October 1. This year's instructions have once again asked each department to submit a budget with a five percent reduction. During October and November, the Governor meets publicly with the departments and agencies to hear their budget proposals for the following fiscal year. After hearing from departments and agencies, the Governor prepares the fiscal proposal and will present it to the General Assembly by February 1, 2014. The General Assembly will then begin its deliberations and pass the budget before the fiscal year begins on July 1.

Bright Note: Sometime in the day to day grind of life, we forget to celebrate our successes. September, 2013 has seen another Recovery Month come and go. We need to nourish and cherish what we do. Recovery Month promotes the societal benefits of prevention, treatment, and recovery for substance use and mental disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message, that prevention works, treatment is effective and people can and do recover. A Hebrew Scripture author of some note wrote, “This is the day that the Lord has made, Let us rejoice and be glad.” Perhaps, that author was on to something. This just concluded Recovery Month has permitted us to be glad, too. Perhaps, we should build on that.

Advocacy Notes: “I have come to the conclusion that politics is too serious to be left to the politicians,” Charles de Gaulle. General de Gaulle eventually became the President of France. Politics and good public policy are serious to TAADAS, too. So, TAADAS members use their dues dollars to advocate before the Tennessee General Assembly, also known as the state's board of directors. Most professional associations do this, and some would say that advocacy is the key role of a professional association. The business community in Tennessee understands this. It is no accident or coincidence that our state's leading corporate citizen, AT&T, has the largest number of registered lobbyists with 16 among the total of 518 registered lobbyists and a six figure political campaign account to boot. Some may observe that addiction treatment services are too important to have a five percent cut again.

Legislative Notes: On a somber note, we must remember the family of State Representative Lois DeBerry in our thoughts and prayers. Representative DeBerry died on Sunday, July 28, 2013. With her election in 1972, she was the first African American woman elected to the General Assembly from Shelby County and the second statewide. She was the longest serving member of the House. She served as Speaker Pro Tem of the House from 1987 until 2011. She developed an expertise in education and correction issues, and her opinions and demands for decorum were respected in the often rowdy State House. She was one of the better stump speakers around, and wise candidates and public officials coveted her support. Tennessee is a better place because of her willingness to serve.

Election Notes: The primary election in Shelby County for House District 91 to fill the vacancy caused by Representative DeBerry's death is October 8, 2013. The general election is November 21, 2013.

Calendar Notes: State offices will be closed Thursday, November 28, 2013 and Friday, November 29, 2013 in observation of the Thanksgiving Holiday. **The 108th General Assembly will reconvene on Tuesday, January 14, 2014.**

Nathan Ridley is an attorney with the Nashville firm, Bradley Arant Boult Cummings LLP. You may contact him by e-mail at nridley@bab.com.



Creating Compassionate Schools and Communities

10th Annual International Bullying Prevention Association Conference
November 10-12, 2013

Sheraton Hotel Downtown
623 Union Street
Nashville, TN 37219

Exhibitors Requested By May 1, 2013

The conference will bring together educators, school administrators, counselors, psychologists, health providers, youth development professionals, law enforcement personnel, university personnel, researchers and others.

Sponsors will include select commercial, nonprofit, state and local organizations and agencies that are serving or providing resources that support a safe and welcoming learning environment for children, youth and families. Expected attendance: 800

Only 14 exhibit tables are left. Take advantage of this cost effective way to reach the expected 800 professionals working with kids on bullying prevention in K-12 and higher education settings. To be sure that your organization is a part of this important event, submit your application today. To learn more about exhibiting and to apply for your table [Click Here](#). Use coupon code: EB75 to use for \$75 off off before May 1, 2013.

For more information, contact Lynn Lonsway at 1-800-929-0397, or email: ibpinfo@stopbullyingworld.org. Visit www.stopbullyingworld.org to learn more about the organization.



Henry County
Substance Abuse Coalition
Community • Education • Law Enforcement • Healthcare

The 2013 "Tie Dye" Run for Prevention is a not-for-profit event, that will help raise money to send Henry County youth to the Tennessee Teen Institute in Cookeville, TN. The Tennessee Teen Institute is a five-day camp to help provide education and training in youth development, leadership, and prevention. TTI includes various formats of training including workshops, seminars, and activities that will help young people grow to be strong, healthy individuals who will have

the skills they need to make a difference in the community in which they live. The run will be held on Nov 2nd at 10am.

The actual race is a non-timed, 5K run. How does the "Tie Dye" Run work? Pretty simple, you register as a team of 4, or as an individual. You get to pick a groovy custom team name like Roy G Biv or the Grateful Red and then, you will get to run/walk together and "help" each other out. There is no "relay" component and team members can finish together as a unit or separately.

The "Tie Dye" Run explosions are basically food grade cornstarch and are 100% natural and SAFE. As with any substance, you want to keep it out of your eyes and our "certified" color throwers will make sure to aim low as you pass by. Some "Tie Dye Runners" opt to wear glasses or goggles for their eyes and use a bandana or dust mask for their mouths.

In summary: We will work hard to make sure that our "Tie Dye Runners" get as much or as little color on them, as they like. Also, what separates our event from just any other event, is the fact that we are also going to use this venue for information dissemination about the coalition and prevention efforts in our community.

For more information about this event or other prevention activities, feel free to email Prevention Specialist , Josh Greer @ greerj@henryk12.net.



Training

The TAADAS Training Program

Training sessions are provided throughout the state regionally to satisfy the education requirements for the Prevention Certification or Licensed Alcohol and Drug Abuse Counselor (LADAC) in Tennessee, as well as meeting NAADAC national standards. We offer the most current training and resources available to give you the best skills and tools needed to become credentialed in the field of substance abuse prevention or counseling. Instructors include the most proven and promising methods and modalities in their training. The TAADAS Training Program is funded under an agreement with the State of Tennessee.

The Legal and Ethical Game Show Challenge:

Are You Smarter Than A Fifth Grader?

Get your annual legal and ethical CE training in a dynamic, entertaining game show format! This program is designed to test your legal and ethical knowledge while exploring how to manage some of the most perplexing legal and ethical quandaries. The material is applicable to all disciplines, practices, and states. For more information please visit: www.cliftonmitchell.com



Scheduled Training

Demystifying Policy 03
 Sarah Hardee, CPA
 Kaitlin Overton
 Christy Cox

October 22 – Nashville, TN

The Legal and Ethical Game Show -
 Ethics for Prevention and
 Treatment Professionals
 AND
 Do the Unexpected – Therapeutic
 Techniques for Overcoming
 Resistance

Clifton Mitchell

November 1, 2013 – Jackson, TN

Recovery Roundtable

November 6, 2013 – Jackson, TN

NAADAC Ethics

Dorothy Giger, LCSW

December 6, 2013 – Chattanooga, TN

December 13, 2013 – Nashville, TN

To register for these or any other
 TAADAS trainings go to or contact:

Megan Wohlgemuth
 Training Director
 TAADAS
 615-780-5901 Ext.12
megan@taadas.org



*Strengthening individuals,
families and communities
with hope, access to services,
and recovery.*



Tennessee Co-Occurring Disorders Collaborative

42 RUTLEDGE STREET • NASHVILLE, TN 37210-2043

(615) 244-2220, EXT. 14
TOLL FREE IN TN. (800) 568-2642
FAX (615) 254-8331

TAADAS will be closed for
the following holidays:

November 11

Veteran's Day

November 28 & 29

Thanksgiving Holiday

December 24 & 25

Christmas Holiday

January 1

New Year's Day

TAADAS meets in Suite 140 at
1321 Murfreesboro Pike at 10 am on
the second Thursday of each month
and will meet this quarter on:

October 10th

November 14th

December 12th - Holiday Luncheon

Please contact the TAADAS Executive
Director for meeting information, direc-
tions or other membership information:

Mary Linden Salter

615-780-5901, x-18

marylinden@taadas.org

Recovery Roundtable - Defining and Developing a Referral Network

November 6, 2013

*West Tennessee Healthcare
620 Skyline Drive
Jackson, TN 38301*

*This is an opportunity for Treatment Providers, Drug
Courts, and Recovery Support to discuss system issues.*

There is no fee - snacks provided.

Journey Together Conference 2013

A Conference for Addiction Professionals

Presented by
**Middle Tennessee Association for
Addiction Professionals**



This year’s Journey conference held September 22-25th was highlighted by several keynote speakers— notably Chip Dodd presenting on “The Essentials of Self—How We Lose How We are Made.” Dr. Franci Patterson also presented a keynote on ethics titled “What We Don’t Talk about Can Cause Ethical Dilemmas.” Toby Abrams (pictured left) and Kim Burchett were the co-chairs for the event.

TAADAS sponsored an evening networking reception for the participants and honorees. This year’s awardees included Jody Butler as Counselor of the Year and Terry Kinnaman for Lifetime Achievement. TAADAS member, Leland Lusk, received the award for Professional of the Year.

The Co-occurring Disorder Collaborative also made a presentation at the conference . Vickie Harden and Dr. Randy Jessee brought information about this initiative as well as practical approaches to treating this population in Tennessee. The Collaborative has several handouts that professionals can use in their offices and for community members who need information on resources.

Terry Kinnaman presented information on the status of LADAC rule changes that the LADAC Health Related Board is proposing. Those changes have been drafted and are being reviewed. The LADAC Board will schedule a public hearing to review the proposed changes as soon as the internal review process is completed.

The Fall LADAC Board meeting has been moved from October 24th to November 8th at 9 am.



Thanks to all who participated and who made this year’s conference memorable.

TAADAC STATE AWARDS FOR 2013

Counselor of the Year:
Jody Butler, LCSW, LADAC, LEAP

Professional of the Year:
Leland Lusk, LADAC, NCAC1

Lifetime Achievement Award:
Terry Kinnaman, LADAC, MAC

“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have.”
-Margaret Mead

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TAADAS Programs



TAADAS Statewide Clearinghouse

The Clearinghouses' mission is to provide a comprehensive information dissemination service for all Tennesseans. The Clearinghouse is home to a large and varied collection of resources that are continually updated and expanded. The extensive resource center for alcohol, drug and other addiction information offers free materials including pamphlets, fact sheets, booklets, and posters,

etc. Topics range from general addiction knowledge to current research and trends. In addition to the free materials, there are also materials that may be checked out such as videos and curricula, as well as a research area. This project is funded under an agreement with Tennessee Department of Mental Health & Substance Abuse Services.

Tennessee REDLINE

The TENNESSEE REDLINE serves as the statewide referral source for any person who calls seeking assistance and/or resources on substance abuse and addiction disorders—including Co-Occurring A&D disorders that arise along with Mental Health disorders. Callers are given listings for resources in their area. The REDLINE has been in existence since 1994 and is funded under an agreement with the Tennessee Department of Mental Health & Substance Abuse Services. You can reach the REDLINE by dialing **800.889.9789** 24 hours a day, 7 days a week.



Recovery Books & Things is the TAADAS Bookstore. There are hundreds of self help book titles in stock - and more that can be special ordered! Recovery Books & Things stocks a unique collection of quality gifts designed to sustain, inspire, and celebrate the recovery journey. Shop online from the comfort of your own home, or visit our store in person. Recovery Books & Things is located in the TAADAS offices in Nashville. Store hours are Monday through Friday from 8 am - 5 pm CST. Phone the store toll free at 877.863.6914.



Regional Training

TAADAS provides training statewide to assist professionals in obtaining continuing education contact hours and to enhance the efforts of Community Coalitions, Recovery Support providers and treatment agencies. This project is funded under an agreement with Tennessee Department of Mental Health and Substance Abuse Services.



There is Help for Problem Gamblers in Tennessee

What is Problem Gambling

As defined by the National Council of Problem Gambling, problem gambling is gambling behavior which causes disruptions in any major area of life: psychological, physical, social or vocational. The term "Problem Gambling" includes, but is not limited to, the condition known as "Pathological," or "Compulsive" Gambling, a progressive addiction characterized by increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, "chasing" losses, and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences.

While for many, gambling is a leisure-time activity, for some it is a problem and for others it can become an addiction.



Is there Problem Gambling in Tennessee?

Based on a report published by the University of Memphis, it has been estimated that there are over 200,000 persons in Tennessee with gambling problems. (Satish Kedia, Ph.D., *The SAT Report*, University of Memphis, Vol. 1, No. 3, 2004)



Are You a Compulsive or Problem Gambler?

Only you can decide. In short, problem gamblers are those whose gambling has caused continuous problems in any facet of their lives. The following 10 questions may help you to decide if you are a compulsive or problem gambler.

Have you ...

- often gambled longer than you had planned?
- often gambled until your last dollar was gone?
- had thoughts of gambling that caused you to lose sleep?
- used your income or savings to gamble while letting bills go unpaid?
- made repeated, unsuccessful attempts to stop gambling?
- broken the law or considered breaking the law to finance your gambling?
- borrowed money to finance your gambling?
- felt depressed or suicidal because of your gambling losses?
- felt remorseful after gambling?
- gambled to get money to meet your financial obligations?

If you or someone you know answers "Yes" to any of these questions, consider seeking assistance from a professional.

For confidential assistance, call the 24 hour, 7 days a week toll-free Tennessee REDLINE for help with gambling problems.

1-800-889-9789

The Tennessee Department of Mental Health & Developmental Disabilities, Division of Alcohol & Drug Abuse Services, offers services for problem gamblers and their loved ones.

If you or someone you know is concerned about gambling, please contact the following agency:

The Gambling Clinic at the University of Memphis
 901-678-STOP (7867)
www.thegamblingclinic.memphis.edu
 E-mail: gambling@memphis.edu



We thank the following members for their support and involvement in our organization!

Charlotte Hoppers, President Laura Berlind, President Elect Daryl Murray, Treasurer

Organizational Members

Agape, Knoxville Aspell Recovery Center, Jackson Buffalo Valley, Inc., Hohenwald CAAP, Memphis CADAS, Chattanooga CADCOR, Murfreesboro CCS, Johnson City Clay County Anti-Drug Coalition, Celina Community Prevention Coalition of Jackson Co., Gainsboro E.M. Jellinek Center, Knoxville Families Free, Johnson City First Step Recovery Center, Memphis GRAAB Coalition of Bradley County, Cleveland Grace House, Memphis Hamblin Co. Recovery Court, Morristown Harbor House, Memphis Healing Arts Research Training Center, Memphis Health Connect America, TN Henry Co. Prevention Coalition, Paris Here's Hope Counseling Center, Dyersburg	Hope of East Tennessee, Oak Ridge Jack Gean Shelter, Savannah JACOA, Jackson Knox County Recovery Court, Knoxville Madison Treatment Center, Madison Memphis Recovery Center, Memphis Mending Hearts, Nashville Metro Health Department, Nashville Park Center, Nashville Place of Hope, Columbia Renewal House, Nashville Samaritan Recovery Community, Nashville Serenity Recovery Centers Inc., Memphis STARS, Nashville Synergy Treatment Center, Memphis The Next Door, Nashville The Shipley House, Nashville TN Certification Board, TN Welcome Home Ministries, Nashville
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Affiliate and Individual Members

Grandpa's Recovery House Employee Benefit Specialist Teddy Moorehouse, Vista Recovery Systems TN Professional Assistance Program	Toby Abrams, TAADAC Xavier Lawrence Andrews, PAL Kristi Shain, Health Connect America, Inc. B.J. Booth, Friends of Bill's Recovery Houses
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Leland Lusk	Wayne McElhiney	Tina Mitchell	Judge Seth Norman	Lawrence Wilson
John McAndrew		Butch Odem		George Snodgrass

What is TAADAS?

The Tennessee Association of Alcohol, Drug and other Addiction Services (TAADAS) began March 26, 1976 when a group of concerned Tennesseans joined together in Chattanooga for the purpose of “creating and fostering a statewide association to promote common interest in prevention, control, and eradication of alcoholism and other drug dependency.” The TAADAS mission is to educate the public and influence state/national policy decisions in order to improve services to those who are affected by alcoholism, drug dependency and other addictions. TAADAS programs are funded in part by grants from the Tennessee Department of Mental Health and Substance Abuse Services, Division of Alcohol and Drug Abuse Services.

TAADAS’s purpose is to:

- promote the common interest in the prevention, control and eradication of alcoholism, drug dependency and other addictions;
- work in close cooperation with agencies concerned with alcohol and drug abuse, and other addiction issues;
- facilitate cooperation with all agencies interested in the health and welfare of the community;
- impact legislation regarding alcohol and drug abuse and other addictions;
- educate the community regarding alcohol and drug abuse and other addiction issues;
- encourage and support the development of alcohol and drug abuse and other addiction services in areas that are underserved;
- enhance the quality of services provided by Association members;
- to serve as a resource for Association members; and
- to further fellowship among those members.

As a statewide association made up of prevention programs, treatment agencies, recovery services and private citizens, TAADAS strives to be the Voice for Recovery in Tennessee through its membership and many programs.

It’s up to US to help others understand!

Alcohol and other drug dependence is a primary, chronic, progressive and potentially fatal disease. Its effects are systemic, predictable and unique. Without intervention and treatment, the disease runs an inexorable course marked by progressive crippling of mental, physical, and spiritual functioning with a devastating impact on all sectors of life — social, physiological, family, financial, vocational, educational, moral/spiritual, and legal. We must join together to focus attention in support of addiction treatment, prevention, and recovery. The public needs to understand that addiction is a treatable illness and that millions of people achieve recovery.

TAADAS Membership

TAADAS is a statewide association made up of alcohol and drug abuse treatment, prevention and recovery service professionals, and others who are interested in addiction issues. TAADAS keeps alcoholism, drug abuse and other addiction issues in the forefront when public policy decisions are made and through the collective voice of its members, TAADAS directly impacts the important issues facing the addiction services field today.

- Expand Knowledge – Take advantage of the TAADAS Statewide Clearinghouse’s extensive resource center.
- Impact Public Policy – TAADAS has long been the voice for alcohol and drug abuse issues in Tennessee. TAADAS provides advocacy for alcohol, drug and other addiction issues, and first generation information on policy issues, as well as a strong voice for parity issues.
- Networking – TAADAS offers networking opportunities with professionals and other concerned individuals across the state in the alcohol, drug and other addiction services community
- TAADAS Times Newsletter
- Discounts at Recovery Books & Things
- Discounted Hotel Rates
- Credit Union Membership



Tennessee Association of Alcohol, Drug & other Addiction Services, Inc.
 1321 Murfreesboro Road Suite 155
 Nashville, Tennessee 37217
 Phone: 615-780-5901
 Fax: 615-780-5905
 Email: taadas@taadas.org



The TAADAS Times Newsletter is a quarterly publication edited and produced by TAADAS staff. It is distributed to over 1200 substance abuse professionals, business leaders, legislators, and concerned citizens across Tennessee and published on the internet at www.taadas.org.

TAADAS accepts paid advertising for inclusion in the TAADAS Times and reserves the right to reject advertising that does not reflect our mission and purpose.

The products and services advertised in TAADAS publications do not necessarily imply endorsement by TAADAS or its membership.

For more information about placing an ad or article in the TAADAS Times, contact:

TAADAS Times Editor
 At the addresses above.

This project is funded under an agreement with the State of Tennessee



APPLICATION FOR MEMBERSHIP IN TAADAS

Membership shall be open to individuals or entities with an interest in addiction, co-occurring, prevention, or recovery support services and subject to payment of membership dues. **Organizational Member** - Any non profit or governmental organization or entity that provides addiction, co-occurring, prevention or recovery support services is eligible to become an Organizational Member of TAADAS.

Affiliate Member—Any organization or business that is affiliated with or wishes to support the efforts of the AD& provider and recovery community.

Individual Member - Individual membership is open to any individual with an interest in addiction, co-occurring or recovery support services in Tennessee.

Student or Retiree Member—Individual membership open to anyone with an interest in addiction, co-occurring or recovery support services in Tennessee. who is retired, unemployed or enrolled in a higher education program or is working towards a LADAC.

	Annual Dues*
Organizational/Affiliate Member with Annual Revenue < \$100,000	\$200
Organizational/Affiliate Member with Annual Revenue = \$100,000- \$500,000	\$500
Organizational/Affiliate Member with Annual Revenue = \$500,000 - \$1,000,000	\$1000
Organizational/Affiliate Member w/ Annual Revenue = \$1,000,000 - \$2,000,000	\$1500
Organizational/Affiliate Member with Annual Revenue > \$2,000,000	\$2,000
Individual Member	\$100
Retiree or Student Member	\$50

*Minimum suggested leadership pledge ... you may pledge more

Date: _____ * Referring Member: (If Applicable) _____

Name: _____

Agency: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Toll Free: _____

Fax: _____ Email: _____

Agency Website: _____

Agency Representative: _____

Representative Email: _____

Please send your completed application to TAADAS at 615-780-5905 (fax) or taadas@taadas.org



Recovery Fest Nashville held a free event at Cumberland Park Saturday, September 14th to increase the visibility and attention that recovery deserves.

Mayor Karl Dean and Channel 4's Demetria Kalodimos attended the event, to celebrate sobriety and give hope to those struggling with addiction.

"I think we believe in second chances, because most people, if they're shown a path and given a helping hand, they're going to choose a life that is positive and healthy for themselves and their loved ones," Mayor Dean told the crowd.

He went on to say that he and the city are proud of people who are living a life of recovery.



Above: Ivory Saulsbury, TAADAS Information Specialist, brought lots of free recovery resources for the crowd.

Below: Renewal House staff provided face painting for the younger attendees as well as providing resources .

