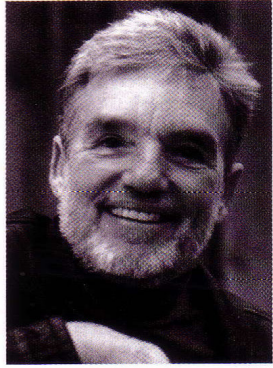


Wednesday Evening Entertainment



John Bradshaw FAMILY SECRETS

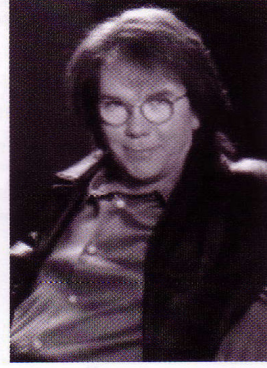
This evening workshop is based on John's most recent book and PHS Series by the same name. In this work, John takes us into the heart of the family's mysterious power to impact our lives. All families have secrets. Some are healthy but others—those John calls "dark secrets"—limit the wholeness and freedom of every

member of the family, often generation after generation.

Using group exercises, lecture material and guided meditation, John leads us in exploring how secrets are created, how they influence us (even if we don't know they are there), and the risks we take in exploring them.

At the core of this work is step-by-step guide to uncovering the secrets of the past and the present, using a tool called a genogram to chart key relationships. Through many fascinating examples, it shows how to recognize crucial gaps and silences, reconstruct missing information, and decipher partial memories.

Finally, John offers vital and practical advice on how to deal with the truths revealed, plus ways to stay safely and honestly connected with our families.



John McAndrew SONGS OF RECOVERY

John McAndrew is a singer/songwriter and piano player from St. Paul, MN whose music has been heard around the world. His compositions "Like We Were Made of Gold", "This Little Town", "One Little Red Wagon" and "Birmingham" have been featured at several national events. Some recent

appearances include: The 50th Anniversary of NATO at the Vice President's Residence in Washington D.C., The Elizabeth Taylor Whitman Walker Fund Raiser in Washington, D.C., The Betty Ford 25th Anniversary Alumni Banquet, Martin Luther King Day at the Birmingham Civil Rights Institute, and the 2000 International Convention Closing Ceremony in Minneapolis, MN. He was the featured singer at The National Town Hall Meeting with Colin Powell.

John performed his composition, "Like We Were Made of Gold" at the closing ceremonies of the 2000 International AA Convention. While touring, John speaks and performs for recovery audiences across the country, working regularly with Cumberland Heights in Nashville, Tennessee, The Betty Ford Center in California, Hazelden in Minnesota, and Cirque Lodge in Sundance, Utah.

Monday Morning

From Risk to Resilience: Celebrating the Difference We Make in Children's Lives

Jerry Moe

Jerry (I can't think of him as "Mr. Moe") has a talent for revisiting childhood while keeping his adult understanding of what is going on with kids. It is just this combination of clinical skills, ability to communicate, and boyishness that makes him memorable, as anyone who has watched him work will agree.

At the end of this morning's plenary, participants will understand how important our impact is in the lives of the children we touch, indirectly and directly. We will hear statements that affirm, "I am likable, capable, unique and valued." "I can achieve my goals." "I have strengths, capabilities and people who will help me." "I will share my skills and knowledge with others." "I believe in something greater than myself." Certainly these are attitudes that all human beings would be blessed to enjoy. This is followed with guidelines in their use with children.



Jerry is National Director of Children's Programs at the Betty Ford Center in Rancho Mirage, California, Dallas/Ft. Worth,

Texas, and Denver Colorado. An Advisory Board Member of the National Association for Children of Alcoholics, he is internationally known as an author, lecturer, and trainer on issues for young children from addicted families. Jerry received the 2000 Ackerman/Black Award from NACoA for his outstanding work on behalf of children of alcoholics, and in 1993 he was awarded the Marty Mann Award for outstanding communication in the alcoholism and addiction field. Jerry's books include: *Kids' Power: Healing Games for Children of Alcoholics; Conducting Support Groups for Elementary Children;*

Discovery...Finding the Buried Treasure; Kids' Power Too: Words to Grow By; and The Children's Place...At the Heart of Recovery.

Broken: My Story of Addiction and Redemption William Cope Moyers

7:00 - 9:00 PM



In Twelve Step mutual-help groups around the world, recovering alcoholics and drug addicts are frequently reminded that they have a “cunning, baffling, and powerful” disease that can affect anyone at any time. Millions of men and women—rich and poor, young and old, educated and illiterate—struggle one day at a time to hold their addictions at bay. This realization helps us better understand how someone like William Cope Moyers, the son of revered broadcast journalist Bill Moyers, could descend into the hell of alcohol and other drug addiction.

In his new book, **Broken: My Story of Addiction and Redemption**, Moyers lets readers see how alcohol and drugs can be stronger influences than an idyllic and privileged childhood, a good education, a promising career as a journalist and writer for CNN, and loving parents, wife, and children. By reading his personal story, readers gain a better understanding of addiction and better appreciate the hope of recovery.

Contrary to his previous practices, William Moyers breaks anonymity in his book by talking about Alcoholics Anonymous (AA). “I had to reveal I’m in AA because to do otherwise would be a lie, and this book is the truth,” he explained. “Not talking about my program of recovery would be like a marathon runner not talking about training. Although I’m breaking my anonymity, I protect the anonymity and confidentiality of others in the program. This is everybody’s story: the still-suffering alcoholic, recovering people and families, and, hopefully, those who don’t have a clue about my disease. I wrote this book to help smash the stigma of addiction and carry the message.”

Learning Objectives:

- Participants will be able to identify common strengths that help people to survive trauma.

- Participants will be able to identify a least three factors that indicate they are getting better.
- Participants will be able to apply techniques to help themselves relate to positive behaviors beyond victimization.

Primary Function Hours: 2.0 Hours, Elective

William C. Moyers, vice president of external affairs, “carries the message” about addiction and recovery into the public arena, especially to policy makers and civic groups across America. He uses his own personal experiences to highlight the power of addiction and the power of recovery.

In 1998, his efforts were honored by the National Council on Alcoholism and Drug Dependence (NCADD), which awarded him and his family its highest achievement award the Gold Key. He and his parents, Bill and Judith Moyers, also received the Arthur Liman Public Interest Award from the Legal Action Center. This award salutes families and individuals whose work has advanced public understanding of public policy issues related to addiction.

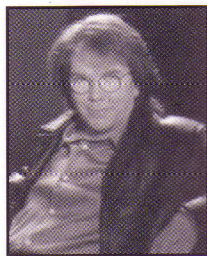
Before first joining Hazelden in 1996, Moyers was an award-winning journalist for 15 years. He has worked at CNN, Newsday and various other newspapers around the country. In 1981, Moyers received his BA degree in journalism from Washington and Lee University in Lexington, VA.

He has appeared on Larry King Live, The Oprah Winfrey Show, and the Today program, and his work has been featured in the New York Times and Newsweek magazine.

Songs of Recovery

John McAndrew

7:00 - 9:00 PM



John McAndrew is a singer/songwriter and piano player who is originally from St. Paul, Minnesota but now lives in Nashville, Tennessee. John’s music is inspirational and thought provoking, making the listener reflect about their personal choices in life. His compositions “Like We Were Made of Gold”, “This Little Town”, “One Little Red Wagon” and “Birmingham” have been featured at several national events. Some recent appearances include: The 50th Anniversary of NATO at the Vice President’s Residence in Washington D.C., The Elizabeth Taylor Whitman-Walker Fundraiser in Washington,

D.C., The Betty Ford 25th Anniversary Alumni Banquet, Martin Luther King Day at the Birmingham Civil Rights Institute, and the 2000 International Convention Closing Ceremony in Minneapolis, MN. He was the featured singer at The National Town Hall Meeting with Colin Powell.

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